

## SHAFAW (II) TESTIMONIALS

Motto: —>

*“It does not matter what I have done*

*OR*

*What has been done to me.*

*What matters is, to let go, so, I can start fresh.*

*I want to start 'Creating' and 'Co-Creating'*

*'New', 'Fun', 'Peaceful' and 'Creative' games in life*

*Especially, The ones I have never 'Created' before.*

*I AM 'Committed' to let go.”*

*—Master Danadoost*



*“I AM” HUMBLLED AGAIN AND AGAIN...*

October 22, 2013 marks the 40 year anniversary of leaving the old country *Iran*. It has been a very interesting Healing Journey so far and *I am* happy and honored to be instrumental in miraculous healing Journeys of so many seekers.



*Master Danadoost's Aura*

*I AM* humbled by the way *Shafaw (II)* 'Healees' have been responding so far.

**I AM** humbled that I have been instrumental in preparing a *Shafaw (II)* healing environment for the individuals to realize their choices and take charge of their lives.

**I AM** humbled that I do not have to do 95% or more of the work and get *miraculous* results, *Healees* do!

**I AM** humbled that *Shafaw (II) Healees*, thankfully, do at least 85% of the healing work consciously.

People get to address and look at their unresolved life-long issues *consciously* and without analyzing so that they can *'let go'* and start fresh regardless of "What happened".

The motto is: "*It does not matter what I have done, nor what is done to me!*"

**I** also *kick* myself royally for why "**I** did not bring *Shafaw (II)* to people's attention a lot sooner!"

**I AM** amazed by the fact that sometime **I** ask just '**One**' qualified *Shafaw* question and '*charges*' start to release non-stop for hours if I let it. Sometimes, the charges of a life time or more is released with *one* question (*the question may be different with every one*).

**I am** thrilled to announce that since 2010, I started to teach *Shafaw (II)* so that more people can benefit.

Here are some brief comments/testimonials from *Shafaw (II)* sessions I would like to share with you from different people who have very different backgrounds and life experiences:

Please note that there are 9-sessions in each series of *Shafaw (II)* and each session is called a "**Day**".

## *Short Testimonials:*

- ♥ "My illness is gone, just like 'smell, *just gone!* I feel whole again."
- ♥ Everyone in my family started to do better as soon as I started *Shafaw(II)*. Amazing!
- ♥ "*I want to be a Shafaw Junkie!* It is so different than all other modalities. It is connection to cosmos, universe, infinite..."
- ♥ "*What have you done? There is **no grief!** WOW!*
- ♥ *Shafaw (II)*, that is what I want all the time!
- ♥ "*I can talk free from any withholds about all aspects of my life to anybody, I am free!*"
- ♥ *I have been witnessing that since my first Shafaw (II) series my finances steadily started to be better. Three months after my 2<sup>nd</sup>. Shafaw (II), my finances are 600 times better! The beauty is that it is so effortless now.*
- ♥ "*I am doing really, really well, the whole thing started to regroup*"
- ♥ "*All my life I suppressed my feeling all the time, now I can express myself!*"
- ♥ "*I was able to dance again; there is no sign of physical pain!*"
- ♥ "*I can say with certainty...it is happening!*"
- ♥ "*I am Feeling Wonderful, I am wonderful*". It is happening, **I** can feel it.
- ♥ **Neurological:** I am able to co-ordinate again.
- ♥ No hissing or wiring in my head and nerves.

- ♥ *I feel sensation in my skin again.*
- ♥ *It is like I moved to a 'New House'!*
- ♥ *I do things, and then do more things, then another thing and the next day I can do them again. It is amazing.*
- ♥ *"The physical pains are almost going away altogether!"*
- ♥ *"I feel the core of my charges got released!"*
- ♥ *"The sticky 30-year old stuff in the chest released, wow, thank you. you are amazing!"*
- ♥ *"The pain in the shoulders, hips and released, the "frozen shoulder" ...no more!!"*
- ♥ *"I feel connected, united. I feel that I AM! Words cannot express how grateful I AM. Thank You."*
- ♥ *"I already feel reversing in premature aging process. I mean it, really, I am getting comments already. People think I have done Botox!!"*
- ♥ *"2-sessions ago you said things about life on this Earth. I can happily live from that point of view."*  
*"Tools are at hands. Tools are also very homey."*
- ♥ *"Shafaw (II) healing is ecstatically and esthetically beautiful, so full of 'Heart'."*
- ♥ *"I can talk free from any witholds about all aspects of my life to anybody, I am free!"*
- ♥ *"Revelations cascade. I love the way you voice the physical aspect, really beautiful."*
- ♥ *"Thank You Shafaw (II), you are totally other dimensions yet connected. At Onement. I can keep that way, it is Heavens on Earth."*
- ♥ *"I already feel reversing in premature aging process."*
- ♥ *"Thanks to Master Danadoost and Shafaw (II), Joy is manifesting."*

## *Testimonials:*

January 1, 2013

Dear Behrooz,

Happy New Year to you and your family. May this year bring continued good health, prosperity and fulfillment.

Your healing presence and gift have helped me through something that I knew about but didn't know about and that has caused confusion and pain for much of my life. One night, about six weeks after our last Shafaw 2 session, I had a body sensation of reclaiming that part of myself that had been stolen at such a young age. And I felt the confusion and pain start to lift. Now I feel more present, less afraid and less vulnerable. Things will take a while to realign and integrate, but already I feel so different, freed from the tyranny of my mind and how it has tried to make sense of the early experience.

From as deep a place in my heart as I know how, I want to say to you how thankful I am for this blessing and this healing.

With love and gratitude




*Please keep on scrolling:*



Please see the video High Lights: [ehealing.org](http://ehealing.org) or [HealingClinic.org](http://HealingClinic.org)

**MAY, 2012** Jane Hamilton's Testimonial from her *Shafaw (II)* experience in 2010



Jane Hamilton had private *Shafaw (II)* sessions before demonstration on May 22, 2010

### Demonstration of a Shafaw (II) Healing Method

“I was gifted the opportunity to participate in a demonstration of a certain Shafaw healing method that *Master Danadoost* has been using with me for three weeks. This method differs from the healing method of bringing the healee to a higher vibration level so that they can better receive light directly from source. Instead it works with releasing and clearing the charges from specific stuck energies using the power of the emotions associated with those charges as a vehicle to bring them closer to the surface. This method is especially effective with me since I have easy access to the emotions.

I had met several of the students before. *Master Danadoost* introduced me and asked me to meet each person individually and shake hands, make physical contact and linger for a minute to become familiar with each person's energy and warmth. This helped me to feel very safe and welcome and appreciated, held by the group.



We sat in chairs in front of the group and *Master Danadoost* asked me to share with the group what has happened so far in our sessions. Not so much the content of our sessions but how my experience of the healing method has been. I told the group that there was some deeply held stuck energy from incidents that occurred at the very beginning of my life, before I had words or very many memories. I said that I had used many healing



modalities to help clear away a lot of it and that I had made much headway but the energetic imprint of those incidents still remained and their undercurrents were still present in my life.



I said that when using this healing method, I have been so impressed to find that the charges, once they are removed, do not return. Another packet of stuck energy moves into position to be cleared but once cleared they have not come back.

Master Danadoost invited me to begin. He explained to the group that we sometimes used certain words that triggered these energies.

It took me a while to get comfortable enough to open my feelings in front of the group and also in front of a video camera.



I started talking about how much responsibility I had for myself at a very young age. He asked me how old. I said even as an infant and a toddler. My Father died suddenly when I was 2 weeks old and my Mother with 4 other children did not have support or grounding for herself or to anchor us. We were taken care of by different people in groups of two or three. I was left with a very cold nervous aunt. I had different caretakers for years, with very inconsistent bonding. I didn't really talk about my story during the session or describe these events, but pieces of them were flashing in front of my eyes. I felt the crushing weight of my own existence, *unheld*.

I started to *grieve* deeply, crying so hard I felt I was quaking inside, while Master Danadoost held me and helped move the rising charges away from me. I felt perfectly safe to experience that depth of grief, even in front of others.



I kept talking about being a baby and at the same time referring to my brand new granddaughter, Esme, who was just born 2 weeks earlier. She is the first grandchild. Her parents, my son and his wife, have known each other from the day they were born and our families have always been close. They know each other so very well and they have a very well developed love and communication with one another. Esme entered into a

wonderful safe completely supported world and in experiencing her arrival, I felt very poignantly how it contrasted with the beginning of my own life and also with the birth of my own children. I grieved very deeply for what I had missed even though I had such joy for her fortune.

At one point I said that any time I brought up these particular feelings of grief *I* started to feel like it was selfish and self-centered of me to make such a big deal out of it. *Master Danadoost* turned it around for me and pointed out that *I* was using a hypnotic command again and again to limit the expression of grief. *I* cannot remember what the words were. He had me think of other things I do that I do just for me and asked me if they were self-centered, Or if that was wrong?

I went back to the grieving with my attention bouncing back and forth between Esme and myself as a baby. At a certain point it seemed like a good time to stop. *Master Danadoost* asked me to remember the peace of Esme, to imagine holding her and to enter into a shared space with her and join her in her peace and security. *That was amazing!*



He also suggested that I do this often to experience what I missed a long time ago by sharing that space with her. *Brilliant!*



While we did this he was using *Shafaw (II)*, clearing and talking in a very loving way, asking me to receive.

After we talked about what had happened. Then I read several pages out loud about grief and how it manifests in a person. It was about recent grief but some of it applied to my stored and complicated grief.



I felt very connected and grounded by the end and also very lucky to have been given this opportunity to heal and share with others in their learning.” **Jane Hamilton.**

*Please keep on scrolling:*



## Demonstration of a Shafaw (II) Healing Method *with Shafaw Students:*

*All Shafaw Students are actively engaged in 'Public Healing Sessions' for people and pets.*



*Testimonial:*

*Abra Faraon* released charges for almost **32-minutes** after '**One**' question was asked.

*Abra Faraon* resides in Oregon with her husband and comes to California for her monthly classes. She has received a few **Shafaw (II)** sessions during training and also completed one Series of Private **Shafaw (II) session**. Each series of Shafaw (II) has 9-sessions.

The video that we posted of her **Shafaw (II)** sessions on Oct.22.2011 depicts releasing charges.



*Some of the charges were related to 'Planetary charges'.*

Please see the video High Lights: [ehaling.org](http://ehaling.org) or [HealingClinic.org](http://HealingClinic.org)



*Testimonial posted: October 31, 2011*

June 23, 2011, marks the '**Day**' Gus received this **Shafaw (II)** healing session and also the '**Day**' he officially started to *see* "**Auras**" and became a "**Clairvoyant**". **Congratulations.**



*A grateful & kind Gus Arabian shows affection after a **Shafaw (II)** healing session.*

Gus released ‘*charges*’ for more than *12-minutes* after ‘*a*’ question was asked.

*(Please see the video High Lights)*

June 23, 2011, marks the ‘*Day*’ Gus received this *Shafaw (II)* healing session and also the ‘*Day*’ he officially started to see “*Auras*” and became a “*Clairvoyant*”.

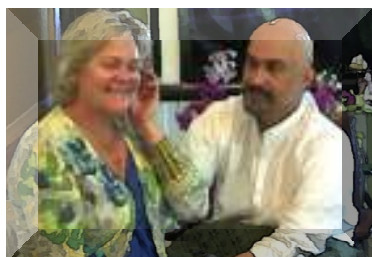
*Gus Arabian* is a Year (7) Shafaw student and is studying *Shafaw (II)* since 2010. He has received a few *Shafaw (II)* sessions in a teaching environment prior to this session.

He expressed:

*“ I can talk free from any witholds about all aspects of my life to anybody, I am free!”*

*Gus* contributes his well being and his very successful business to Shafaw. *Gus* has a very happy marriage and has two children and two grand children.

*Please see the video High Lights: [ehealing.org](http://ehealing.org) or [HealingClinic.org](http://HealingClinic.org)*



Leslee Wright released *grief charges* for almost *42-minutes* after ‘*a*’ question was asked.

The video posted depicts one of Leslee’s *Shafaw (II)* training sessions. In this session ‘*One*’ question was asked and she started to release a lot of grief charges for 42- minutes! Some of the Charges were related to ‘*Cosmic grief*’. Leslee, Just like the two previous testimonials posted, experienced “Time” as a ‘*Causative Force*’. It is when she appears like she is being pulled back.

Leslee Wright a very popular Year-7 student of Shafaw resides in Novato, CA. She is one of our Powerful ‘*Shafaw Public Healers*’ doing impressive healings, just like *Abra Faraon & Gus Arabian*.

She regularly replenishes the supply of Orchids in the Clinic. ‘*Thank You please continue.*’

*Leslee* has been happily married for 46-years and has four wonderful children. She has received a few *Shafaw (II)* sessions during training including this “Demo” *Shafaw (II)* session to release *planetary charges*.

*Please see the video High Lights: [ehealing.org](http://ehealing.org) or [HealingClinic.org](http://HealingClinic.org)*

*Leslee’s 2<sup>nd</sup> Testimonial, DNA Healing & Repair... Transformational*

‘*NO*’ question was asked. ‘*NO*’ words exchanged... *Please scroll*





**Leslee is Blissful, Joyful and Having Fun removing DNA charges** experiencing “Physically”  
“Time” as a “Causative Force”.

‘NO’ question was asked. ‘NO’ words exchanged during the **Shafaw (II)** session. Just the miraculous frequencies of DNA repair were employed. She almost immediately started to release charges and heal while having fun tilting back and forth..

A lot of tears were shed, but they were *blissful tears of Joy*. It felt like she was in ecstasy.

Please watch the highlights of 7:36 minutes video. Leslee briefly describes her experience.

*Just like the three previous testimonials posted, she experienced Time as a ‘Causative Force’. Watching her being pulled physically back and forth and then to her right several times was very interesting.*

*She has received a few **Shafaw (II)** sessions during training including this Shafaw (II) session.*

*Please see the video High Lights: [ehaling.org](http://ehaling.org) or [HealingClinic.org](http://HealingClinic.org)*



**Demo Releasing ‘Planetary charges’:**

‘NO’ question was asked. ‘NO’ words exchanged and ‘NO’ tears were shed...

**Diane Whiteside** is currently a Shafaw Year-Seven “*Emitter of Light*” healer.



**Diane** is *Blissful, Joyful* and having *Fun* releasing ‘Planetary charges’.

## *SHAFAW (II) Planetary Healing & Repair... Transformational*

The video posted depicts 5:33 minutes highlights of one of **Diane's Shafaw (II)** training sessions.

'NO' question was asked. 'NO' words exchanged and 'NO' tears were shed during the **Shafaw (II)** session. She almost immediately started to release charges for about 11-minutes and had a lot of fun. she was in ecstasy.

*Just like the four previous testimonials posted, she experienced **Time** as a 'Causative Force'. She was pulled back and forth.*

**Diane** has received 3-series (each 9-session) of **Shafaw (II)** and a couple of **Shafaw (II)** demo sessions during training.

**Diane** is a much evolved gentle soul and one of my most courteous and appreciative students. She has three children, her oldest daughter has a Ph.D. and the younger one is in the process of getting one. **Diane** is actively and enthusiastically helping children with **Cerebral Palsy, Autism, Down syndrome, genetic disorders, brain injured, ADD, ADHD** and **orthopedic issues**. She continues to be innovative in her profession and it has been about two- years that she has incorporated **Shafaw Healing** in her practice.

**Diane** has been a student of **Shafaw** since 2007. She also has been a **Jin Shin Jyutsu, cranial sacral** and **Masgutova method** and '**Dynamic and Postural Reflex**' instructor.

**Diane** actively works at the following institutions:

- ▣ San Ramon Regional Medical Center pediatric outpatient Department.
- ▣ Regional Center of the East Bay early intervention program (0 to 3 years olds).
- ▣ Castro Valley, San Ramon and Pleasanton school district.

**Diane** also has her private practice since 1979.

**Here is Diane's most recent Shafaw (II) 'testimonial':**

I have a desire to express my deepest gratitude to **Master Danadoost** and for his creation of the technique of **Shafaw (II)**. It has allowed me to release old belief systems that were having significant effects on choices in my life. The **Shafaw (II)** has freed up many of these patterns.

**Shafaw (II)** has given me a jump start into healing. Now that I can look back and see the distance I have come, *the progress has been significant*. Not only does the healing affect me but it has a *rippling effect that is traveling through my family*. This has been a very pleasant surprise.

I can see shifts within everyone's attitudes and behaviors for the better. We are achieving a more calm, engaging and peaceful environment.

I personally have a more uplifted outlook. I feel more joyful and enthusiastic about life. I am able to see my options and choices with greater ease manifesting. I am a happier person.

Thank you for all your patience with me. I look forward to Shafaw (II) in the coming year.

**Diane.**

Thank You Diane, Please continue...



**August 24, 2011.**

**Hi, my name is Cathy Guthrie and I am in the second Series of Shafaw II, session #6.**

**Greetings Master Danadoost,**

I was at the Nurses-Station, where I work, hearing a conversation between one of the doctors and some nurses about different people having life- changing experiences *after* removing the memory of traumatic experiences in their body. The doctor, (an osteopath,) gave examples of releases from patients.

The story the patients conveyed was *unimportant!* The important part was the release of the charges around, in and through the story. *The difference, between the osteopath's method of release and Shafaw II with Master Healer Danadoost, is that in the case of Shafaw II, the released charges will not be able to come back.*

*With my own experience of Shafaw II, I can tell you that:*

- I feel like I *have more* since my last session. More time, more inspiration, more relaxations.
- 
- It is easier to relate to others, I have more understanding without judgment.
- I am establishing boundaries, with my housemate, people at work, a friend that I worked for; and I am becoming more tactful with this process.
- I notice I breathe deeper, and take more deep breaths
- I am more present, free from analyzing everything.

- I am less angry.
- I am less defensive.
- There is less projection about others.
- I am less judgmental about how I look.
- RE: GRIEF AND PAIN- I became aware of body parts holding grief and pain, I experienced the release.
- I became aware of an agreement to have an injury and healing.
- I became aware of the stories leading to a similar theme in another story and leading to the source and being done with that one.

**Thank you, Master Danadoost for all work with this process. Thank you for your unconditional love and support. Working with you has been life transforming, Many Blessings, Cathy**



**January 9, 2012**

*Looking* back in time I see myself as a gigantic spider sitting in the middle of a thick web. The web resembles an ordinary one with an enormous exception: it is woven with my own unexpressed and trapped emotions due to my life time traumas of all sorts, Personal, community, and global. Apparently, the web's function has altered unlike any webs that serve the spider for survival; this web instead, has trapped the spider herself. Eventually, the web developed a life of its own taking over the spider as a prisoner.

*As* a prisoner of my own web, *I* often had visitors. Several of my usual and most annoying ones were *worry* and its very intimate friend *anxiety*, which came by with various intensities. For most part the visits were manageable. Until they became extremely annoying forcing me to *seek healing*.

*There* was also another visitor that periodically called on me. This one was *depression*. As *I* knew all my visitors quite well, *I* knew the nature of this one was very insidious and greedy. It could have stayed for days if *I* didn't make the visits less comfortable. To get rid of this unwanted visitor, *I* shook the web as hard as *I* could to make the visits as short as possible. *Nevertheless*, once in a while *depression* managed to spend a little extra time around.

*When* *I* began Shafaw 2 healing, *I* only had an idea what it was supposed to do for me. But what it has done for me is *beyond imagination*. The healing happened right in the first session and in a few more sessions *I* unloaded some heavy old emotions that *I* had carried on for years.

*My* web finally loosened up and mostly diminished and *I* was on the way to experience a new me. Soon, *I* experienced lightness, joy, deeper concentration, and connection with everything and everyone around me. In addition, my allergies faded and *I* regained my sense of smell!

*I* realize that *I* still have some strands of this web lingering on which *I* intend to eliminate by receiving more healing. The emotional charges that *I* released were replaced by more positive energy and capability, enabling me to handle daily life challenges with much lighter attitude.



*I feel fortunate to have received the most powerful and amazing healing by Master Danadoost. I deeply appreciate him for helping me regain lightness of my being and highly recommend Shafaw 2 to all who are in search of their own.*

With lots of love and appreciation,  
Hayedeh



*Mon 10/31/2011 1:03 PM*

***Sunday Oliver's testimonial....***

Hello Mary Grace,

*I'd thought to send this testimonial sooner, but to tell the truth I've only just gotten to the point of being able to be coherent on the subject. (Wonder if that would be enticing or repugnant to other seekers?)*

*I do want to do a second round of Shafaw II as Master Danadoost suggested, I look forward to more.*

*Mine* was a slightly weird case as it involved some Shafaw I as well. So I'm giving you two paragraphs; one on the more physical aspects, another on the ones that had to do more with my psyche. *I* do realize they are pretty much interchangeable, but I'm thinking of people with CFIDS/ME/CFS and what they will be looking for.

*The* first paragraph is in language most will understand, so that they know *Shafaw* can touch these things. Many people including doctors purport to be able to cure this, and many of them are completely ignorant of the actual physiology of the disease, preferring their own theories - which leave patients at best in anger and despair and at worst provokes *massive heart attacks* and other *organ disasters*.

Those health practitioners don't use the language because they haven't bothered to really investigate what goes on in the disease. If you feel it would be offensive to use the word **hell** (practically a term of art in CFIDS/ME/CFS land), then *I* have a footnote below that gives an approximation of what that means in this context. It's not at all metaphorical; it's the shortest and most accurate way of describing a condition.

And speaking of shorter and more accurate: do feel free to cut these if you need to. Or send it back to me for reworking; I'd like this to be as useful as possible.

So, here we go, paragraph 1 and paragraph 2:

***My*** CFIDS/ME/CFS ***is gone!*** How do *I* know? Because there's a kind of buzzy vibration or a scent that goes with that illness, that is no longer there. But there are many other, more physical proofs: *I* find it more restful to sit up than to recline these days, which tells me that my cardiovascular system has changed, and *I* no longer have to check in with myself to be sure I can stand at any given moment. *I* can do something and then do something after that and then do something after that - for hours - and then the next day *I* can do it again. It's amazing. *My fine motor coordination is back*, and my ability to understand words both written and spoken, and to write and speak myself; when *I* am using my mind, there's no more hissing and sparking in my wiring.

*There is sensation in my skin*, even in my lower body and the tops of my feet. *After 4 years of mostly bed rest*, *I* do still get tired easily - but it is a pure physical tiredness, completely different from the staticky white noise of crashing, and followed by deep and refreshing sleep.

While *I* did get myself out of *hell* by other means before I tried Shafaw, *I* was not well and not functional, and always feared slipping back into the pit. When *I* Herxed after my first few Shafaw sessions, *I* felt *I* was getting somewhere; when *I* stopped Herxing (about round 5 or 6), *I* knew *I* was getting even further. Now ***I am well*** and *getting more functional with each passing day*.

*I* feel wonderful. Which is not to say ecstatically happy all the time (that would be obnoxious), but *I* now know how to acknowledge but not identify with pain and debility in the world and in my life, something which will get better with practice, and which feels like the basis for heaven on earth.

It's like *I* moved to a new house; my stuff needs unpacking, but I'm in a different place now. *The core of what was holding my illness - and much more - in place got released*, and it was not in a place or a way that I expected.

*I* had cascades of revelations after each session, and by the final one *I* was able to be in other dimensions yet also more present on earth. *I* have never experienced a healing quite like this: *I* have connection to my infinite self and my earthly self, in peaceful and powerful union. Shafaw energy feels so homey, yet so infinite.

*I'm* not sure if Shafaw would have worked for me if it wasn't so aesthetically beautiful. The poetic use of words, the resonant voice, the silent flows of energy - the subtlety and accuracy of sensibility. So beautiful that *I* think *I* may have turned into a Shafaw junkie...

With love and wonder,

***Sunday***

More testimonials to be posted...